

## #COVIBOOK Supporting and reassuring children around the world I mean

Dear families and educator all over the world,

I have created this short book to support and reassure our children, under the age of 7, regarding the COVID-19. This book is an invitation for families to discuss the full range of emotions arising from the current situation. It is important to point out that this resource does not seek to be a source of scientific information, but rather a tool based on fantasy. My recommendation is to print this material so children can draw on it. Remember that emotions are processed through repetitive play and stories read multiple times. Share COVIBOOK and help ease kiddo's anxiety all over the world. I mean

With love, Manuela Molina - the author I mean

I mean

Dear families and educators,

I have built this short book for children between 2 and 7 years old with the purpose of anticipating and accompanying the emotional world of children against the COVID-19 virus. This resource does not seek to be a source of scientific information but rather a tool based on fantasy and the symbolic. I recommend printing it so that the children can draw their emotion and they can have it at home to read it repeatedly. Remember that emotions are processed through repetitive play and stories read multiple times. Remember to share the COVIBOOK with your community and ease the anxiety of children around the world.

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With love,

Manuela Molina -the author

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**IMPORTANT:** 

This book or any portion may not be reproduced, relabelled, or used in any commercial manner whatsoever without the express written permission of the author. Permission is not required for personal or professional use, such as in a coaching or classroom setting.



Mindheart

Manuela Molina

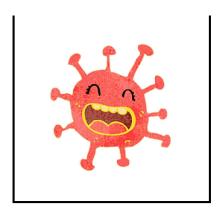
BLOG

My library

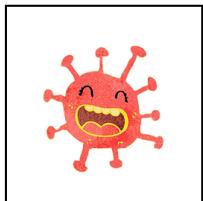
COVIBOOK

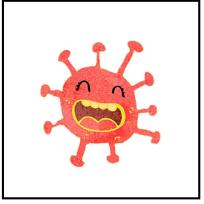
Workshops

Online Payments

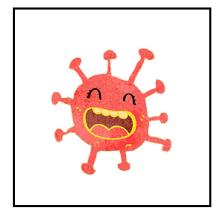


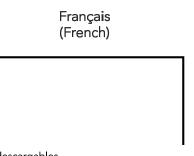
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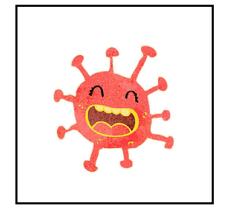


PDF Português (Brazil)

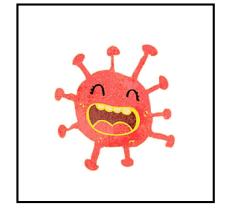




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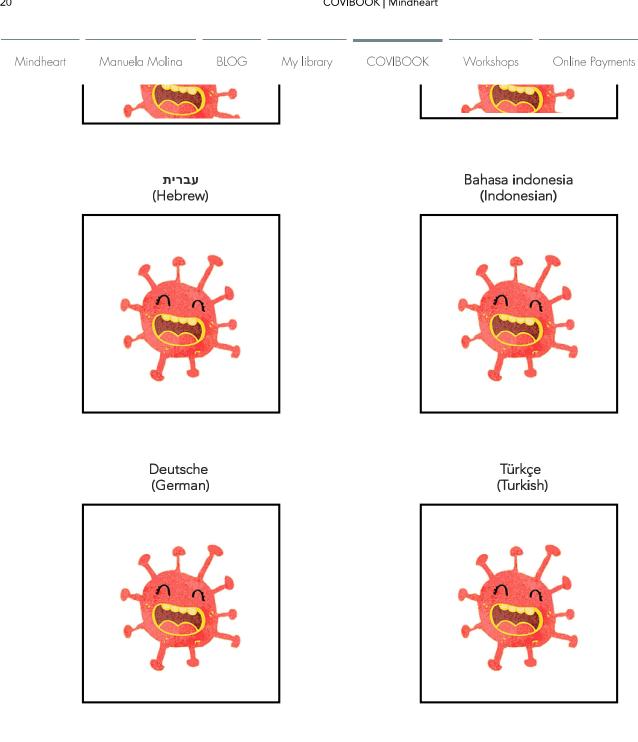


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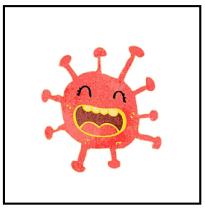


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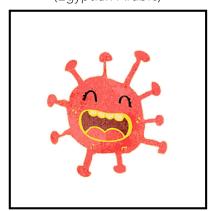




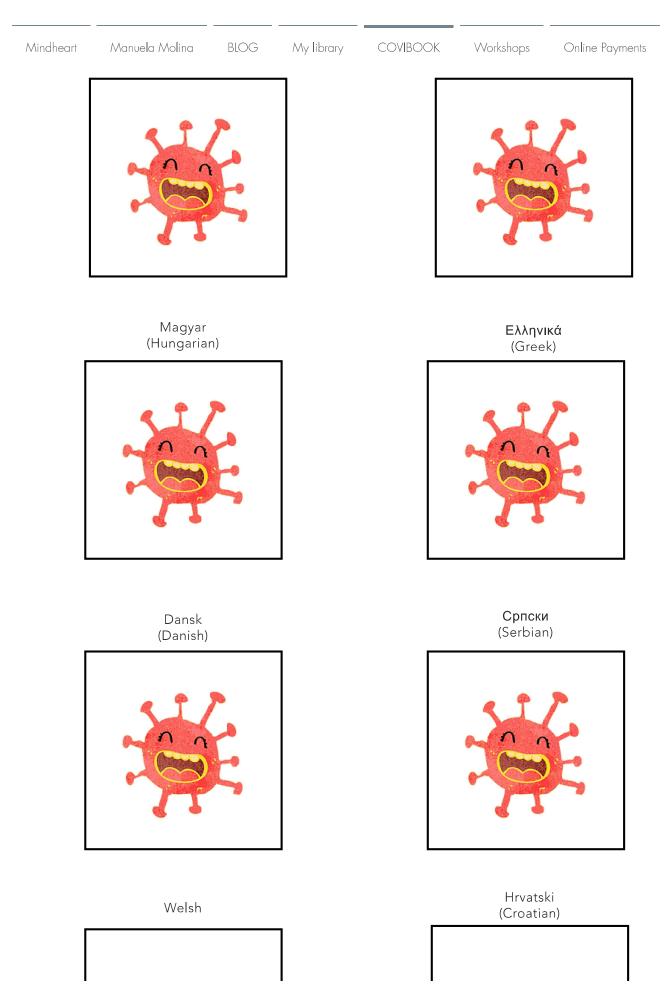




عربي مصري (Egyptian Ārabic)









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